

LUNCH MENU

SANDWICHES & WRAPS

	JP's CLUB	\$ 9.25
	Black forest ham, turkey, bacon, lettuce, tomato, Swiss and cheddar cheese on white, wheat, or rye bread	
	JP III GRILLED CLUB WRAP	\$ 9.50
	Grilled club in flour tortilla black forest ham, turkey, bacon, lettuce, tomato, Swiss and cheddar cheese	
	FRIED GROUPEL PO BOY	\$11.50
	Fried grouper filet, provolone, lettuce, tomato, diced onion & bacon served with Old Bay tartar sauce	
	THE HOLE in ONE	\$11.50
	Six-ounce rib eye steak cooked to your liking. Served on a kaiser roll with lettuce, tomato, onion	
	PRIME RIB PHILLY CHEESE STEAK	\$ 9.50
	Thin sliced prime rib with grilled onions, peppers, mushrooms, and provolone cheese served on a hoagie	
	CHICKEN SANDWICH	\$ 8.50
	Grilled, blackened, or fried chicken breast topped with Swiss cheese, bacon, lettuce, tomato	
	BUFFALO CHICKEN WRAP	\$ 8.50
	Chicken tenders tossed in house made buffalo sauce with shredded lettuce, bacon, and bleu cheese crumbles	
	SOUTHERN PULLED PORK or BEEF	\$ 8.00
	Pulled pork with homemade barbeque sauce, smothered with coleslaw, served on kaiser	
	TRADITIONAL or TURKEY REUBEN	\$ 9.25
	Shaved corn beef or turkey with sauerkraut, thousand island dressing, and Swiss cheese served on marbled rye	
	BLACKENED SHRIMP WRAP	\$ 9.50
	Gulf shrimp lightly blackened with sliced avocado, tomatoes, lettuce, and cilantro lime aioli	
	VEGGIE WRAP	\$ 8.50
	Mixed pepper, eggplant, zucchini, red onion, and spinach grilled with homemade marinara for dipping	
	BBQ GRILLED SALMON SANDWICH	\$10.50
	Atlantic salmon filet grilled basted with barbeque sauce served on toasted kaiser with lettuce, tomato, and onion	

-Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions-

BURGERS

	THE GATES FOUR BURGER	\$ 9.50
	Angus beef grilled to your order topped with lettuce, tomato, and onion	
	CAROLINA BURGER	\$ 9.50
	Grilled Angus beef with American cheese, coleslaw, mustard, diced onions and chili	
	BLEU CHEESE & BACON BURGER	\$ 9.75
	Angus beef grilled topped with melted blue cheese crumbles, fried onions, tomatoes, and bacon	
	VEGGIE BURGER	\$ 9.50
	Vegetable burger topped with lettuce, tomato, roasted corn & black relish with pepper jack cheese	
	MOROCCAN LAMB BURGER	\$11.00
	New Zealand ground lamb topped with aged cheddar, sliced cucumbers, red onions, and Moroccan aioli	

IRONGATE DELI

BREADS	White-Wheat-Sourdough-Marbled Rye-Kaiser Roll- Flour Wrap
MEATS	Ham-Turkey-Corn Beef
	SIGNATURE SALADS
	Chicken Salad- Tuna Salad- Egg Salad
CHEESES	American, Cheddar-Swiss-Provolone-Pepper Jack- Muenster
	(All sandwiches served with lettuce, tomato, and mayonnaise)
	Sandwich includes one meat and one cheese (\$6.50) Add additional meats for (\$1.75) Add additional cheese for (\$.75)

SALADS

	CHEF SALAD Fresh greens topped with provolone and Swiss cheeses, ham, turkey, bacon onions, cucumber, mushrooms, tomatoes, eggs, and our homemade croutons	\$ 9.50
	TACO SALAD Ground beef atop fresh garden greens with black beans, tomatoes, cheddar cheese, black olives, and chives. Served in a flour tortilla shell with a dollop of sour cream and salsa. (Add jalapenos)	\$ 9.00
	SALAD PLATTER Tuna, chicken, egg, potato, pasta salad, or cottage cheese-PICK two PICK three (Add \$1)	\$ 7.00
	CEASAR SALAD Romaine lettuce, grated Parmesan cheese, homemade croutons and dressing	\$ 7.00
	SICILIAN SALAD Mixed greens, mozzarella, onions, tomatoes, artichoke hearts, and black olives	\$ 8.00
	CLUB SALAD Garden greens topped with cucumbers, onions, mushrooms, cheddar cheese, and tomatoes	\$ 6.00
	(Add Grilled Chicken, Blackened Chicken, Shrimp, or Salmon to any salad \$5.00)	
	CUP OF SOUP & HALF SANDWICH \$7.00	SOUP OF DAY Cup \$3.50 Bowl \$4.50

SIDES- Potato chips, french fries, sweet potato fries, potato salad, pasta salad, cole slaw, or fruit. (Add onion rings \$1 Onion Straws \$2)

 =Denotes a GFGCC Signature Item